



OPPORTUNITIES

WELLNESS & BEAUTY
ROOMS TO LET



Empress Building Basement • Sports Massage • Beauty • Wellness Professionals

AVAILABLE SPACES

- Sports Massage / Therapy Room — ideal for sports massage, physiotherapy, soft tissue therapy, injury rehabilitation, chiropractic/osteopathy, and mobility & recovery specialists.
- Beauty Room — perfect for lashes/brows, nails, skincare, make-up & bridal prep, holistic therapies, aesthetics.
- Hair Studio — ideal for cutting, colouring, styling, extensions, bridal hair, editorial work, and private one-to-one appointments.
- Personal Training Studio — perfectly suited for personal trainers, strength & conditioning, rehabilitation sessions, mobility work, body transformation coaching, and private fitness consultations.
- Flexible Larger Lease Area (currently unoccupied) — open to proposals that complement the gym and suites: recovery lounge, PT studio, Pilates/yoga, wellness hub, skin clinic, and stretch & rehab zone.

WHY THIS WORKS

- **Built-in clients:** steady flow of wedding bookings, sporting events, overnight Empress Suite guests and gym users seeking treatment and self-care.
- **High repeat potential:** services like massage and beauty naturally drive recurring bookings.
- **On-site amenities:** waiting area, toilets and secure basement setting designed for professional appointments.
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- **Partnership opportunities:** potential for guest packages, referrals and cross-promotion within the building.

IDEAL TENANTS

- Sports massage therapists & physiotherapists
- Beauty therapists (lashes, brows, nails, skincare)
- Holistic therapists (reflexology, Reiki, acupuncture)
- Aesthetics providers
 - Recovery specialists and wellbeing entrepreneurs
 - Chiropractor, Chiropodist
 - Personal trainers, strength & conditioning, rehabilitation sessions
 - Hair Studio — ideal for cutting, colouring, styling, extensions, bridal hair
 - And any other health & wellbeing service



ENQUIRE TODAY

To arrange a viewing or discuss tenancy options, please contact:

Empress Building

WhatsApp: 07977 470293 | Email: info@macelands.co.uk

**Professional, private treatment rooms within a growing destination —
ideal for practitioners looking to build a long-term client base.**